



Ka Leo 'O Ke Aloha Me Ka Leo 'O Ke Ola



"The Voice of Aloha, The Voice of Health"

JUNE 2000 • VOLUME 23 • NUMBER 18 RICHARD BETTINI, EXECUTIVE DIRECTOR DR. GERARD AKAKA, MEDICAL DIRECTOR CHUCK WOTHKE, PRESIDENT

New Wave of Technology at the Comprehensive

It would have been hard to believe 26 years ago some of the technological innovations now available at the Waianae Coast Comprehensive Health Center ...computers understand and record voice commands of employees giving dictation, employees use magnetic cards to log in through the Kronos timekeeping system, the Health Center's PAMM clinic practice management system, developed by WCCHC staff, is used by numerous clinics throughout the state, security is provided by a closed circuit in-house video system, and much more.



Many of the technological advances at the Center are in the medical care area, including:

Ultrasound

One of the Center's latest acquisitions is an Hd1 1500 Ultrasound Machine with color dopler. This \$60,000 piece of equipment is used to view and measure the size of the fetus in a pregnant woman in order to get an accurate



due date and to identify any problems. Patients also get their first "picture" of the baby through ultrasound imaging. The equipment can also be used to diagnose gallbladder, breast or heart problems. This equipment is also used on-site by specialists from Kapiolani Medical Center that regularly consult with WCCHC staff and patients at our main clinic.

IMEX Fetal Monitor

Available for primary care patients, a fetal monitor is now available when an evaluation of the baby is required. The equipment monitors the baby's heart rate to determine if there are any stressors that would indicate a problem. Having the equipment on-site is especially helpful for high risk pregnancies, such as patients with hypertension or diabetes, since they require twice weekly monitoring for the last 2 months of the pregnancy.

Newborn Intensive Care System (Air-Shields)

The newborn infant warmer, donated by the First Hawaiian Bank Foundation, is set up in the emergency room to support babies delivered on-site. The warmer has a built in scale, proce-

sure lights, oxygen, etc., so that baby does not have to be transferred to other equipment and risk exposure.

Intravenous (I.V.) Pump (IVAC Medical System III)



The I.V. pump gives controlled, accurate doses of life sustaining medication, usually for heart, lung or brain functions. Up to 3 medications can be given at a time per pump. This style pump is also used by the City & County EMS ambulances.

Steam Sterilizer (AMSCO Century V-120 PreVacumn Steam Sterilizer)

Used to sterilize medical instruments, the new sterilizer can handle large pieces of equipment and multiple smaller items. The sterilizing of equipment and supplies reduces risk of infection.

Chemistry Analyer (DADE Dimension)



The new chemistry analyzer allows a greater amount of tests to be done in-house, instead of having to send tests out to other labs, with faster results and better accuracy. It performs chemistry blood tests on panels such as liver, electrolytes, basic metabolic panels or individual tests such as for blood sugar, thyroid, BUN, etc.

Costello Lab Information System (by Orchard Software)

The new computerized operation in the laboratory greatly decreases lab processing time and filing of reports. Patients will be able to have their lab results faster.

Blood Cell Counter (Coulter STK-5 Cell Counter with 5-part Differential)

Donated by Coulter Instruments, this system performs complete blood counts (with platelets, blood indices and cell differential) producing faster and more accurate results. The instrument is fully automated and interfaced with the Lab Information System.

Sure Temp

Taking temperatures are now faster with the Welch Allyn Sure Temp equipment that is available in most clinics. With Sure Temp, oral temperatures are read in 4 seconds and rectal temperatures in 10 seconds.

Body Fat Analyzer

The portable machine measures total body fat, fat-free mass and water, and is programmed to estimate caloric needs, desirable weight, target body weight, and target body fat.

To take full advantage of all this wonderful technology, the Health Center is linked through broad band T1 telecommunication lines to hospitals and specialists. Digital images can be transmitted through this telemedicine network. Selected patients are now being given home computers with the software necessary to report medical data about the patient to their PCP at the Comprehensive.

Why is all this technology available at one site? We are committed to bringing state of the art primary health care to the people of Waianae, close to their home.

Want to learn more? Try our new website at <http://www.wcchc.com>

Excellence in Caregiving



Excellence in Caregiving awards were presented by the Alzheimer's Association at the Annual Kako'o Awards to three of WCCHC's Adult Day Care staff. Carol Horie (Hale Kako'o); Maria-Elena Tabag (Pekelo Hale); and pictured at right: Stephanie Bright (Maili Ola).

Achieving National Certification



WCCHC is proud of the achievements of Preventive Health employees. Seated: Teo Kuakini, Maurice Kalaau, DeeDee Kaahaaina Standing: Nancy Alapai, April Gates. An achievement previously reserved for nutritionists and nurses, they became the first individuals in the State of Hawaii to take and pass an exam to obtain national certification as "Competent Professional Authorities" (CPA) for the WIC Program. The CPA exam includes a comprehensive evaluation of nutrition assessment and intervention for women and children.

Ka mana'o o na kauka

(The thoughts of the doctors)



By Gerard Akaka, MD
WCCHC Medical Director

Ano 'ae e me ka welina o ke aloha e ka po'e o Waiana'e

Greetings with aloha to the people of Waiana'e

Saturday Clinics: - Expanded Pediatric, Internal Medicine and Family Practice Services:

WCCHC has provided evening and Saturday hours for a few years but our patients have asked for more access and more services, especially families who have difficulty coming to the doctor during weekdays. Starting in August, there will be expanded clinic services on Saturdays for pediatric visits. A pediatrician will be available at the main cen-

Board Members for 2000-2001

WCCHC's Corporate Membership held its annual board of director's election in April, re-electing Chuck Wothke, and electing new members Denise Lapilio and Dr. Eddie Ayau to a three year term of office. Rocky Rogers, selected by the board to complete the term of office vacated by a board member, joined the board in March. Rocky brings experience in facility and community development. Chuck, one of the founders of the Health Center, has committed many years to health and social services both in Waianae and in Honolulu. Denise, a past employee of the Health Center, feels she can bring a unique perspective and understanding to the Board. Dr. Ayau feels his experience in both the medical and financial fields will help in his work with the Board.

Chuck and the new members join other board members Steve MacMillan, Ginger Fuata, Wayne Suehiro, Merrie Aipoalani, Dr. Ralph Beddow, Kauila Clark, Senator Cal Kawamoto, Lyle Kaloi, Chris Jackson, Ho'oipo DeCambra and Joseph Lapilio, III to make up the 2000-2001 Board of Directors.

What an Honor: Congratulations Ho'oipo!



Board Member Ho'oipo DeCambra has been awarded the nation's highest honor for community health leadership - the Robert Wood Johnson Foundation's Community Health Leadership Program award. Ho'oipo was one of 10 awardees selected from a field of 387 nominees. Based on her exceptional contributions to the Health Center and the community, we knew she'd be a winner.

ter every Saturday while the Waiola and Nanakuli Clinics will each have a pediatrician available one Saturday a month. We will continue Saturday Family Practice services and will increase Internal Medicine services. For appointments, call the main center at 696-7081, the Waiola Clinic at the Waianae Mall at 696-4533, the James and Abigail Campbell Clinic in Nanakuli at 668-2311 and the Waipahu Clinic at 675-0070.

Have a problem making an appointment?

Call us. To make an appointment, call your provider: Main Clinic 696-4533; James and Abigail Campbell Clinic in Nānākuli 668-2311; Waipahu Clinic 675-0070; Waiola Clinic 696-4533.

If you are having trouble getting an appointment with your doctor, call WCCHC Administration at 696-1456. An administrator will assist you.

Malama pono a hui hou kakou. (Take care, until we meet again.)

Scholarship Award Winners



With funding from AlohaCare and IPC Pharmacy, the Health Center was able to award scholarships to 11 community residents who are pursuing degrees in the health field. Since the scholarship program began in 1990, the Health Center has assisted many residents in pursuing their health career goals. Many are working in the health field in Waianae and at the Health Center. Pictured with Board members Merrie Aipoalani, Ginger Fuata and Chuck Wothke (left to right) are: Robert Naeole IV, Iwalani Fragas, Jocelyn Galdores, Corinne Dudoit, Christine LaFountain. (missing from picture: Cherie Villa, Michelle Quon, Tania Cushing, Staci Cheek and Joseph Gomes.)



Waianae Health Academy Medical Assistant and Nurse Aide Graduates

Back Row: Natrillee Sabagala (M.A.); Jason Arrowood (N.A.); Rhonda DeCambra (M.A.) Middle Row: Chestine Pasa (M.A.); Katharine Kahala (N.A.); Front Row: Veronica (Ronnie) Samoa (M.A.); Jasmin Cuaresma (N.A.) Missing: Matthew Flannigan (N.A.); Stephen Kaleiupu (N.A.); Michael Baker (N.A.)

Reminder: Call to schedule your

SCHOOL

PHYSICALS

now...before the rush

School Starts Again Soon:

Nanakuli Complex Schools - August 3

Waianae Complex Schools - July 27