Waianae Coast Comprehensive Health Center
Pre-Doctoral Psychology Internship Program

Contact
Kristy Sakai-Costigan, Psy.D.
Director of Psychology Training
Director of Psychology – West Oahu
Behavioral Health Department
Waianae Coast Comprehensive
Health Center
86-260 Farrington Highway
Waianae, HI 96792

MATCH Number: 202411

Applications Due: December 1st

Email: ksakai@wcchc.com
Telephone: (808) 697-3469
Fax: (808) 697-3551

Accreditation Status
The Waianae Coast Comprehensive Health Center (WCCHC) Psychology Internship Program is accredited by the Commission on Accreditation (CoA) of the American Psychological Association (APA). The next site visit will be during the 2020 academic year.

Questions related to the program’s accredited status should be directed to the Commission on Accreditation. Contact the CoA at Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, DC 20002; Phone: (202) 336-5979; E-mail: apaaccred@apa.org; Web: www.apa.org/ed/accreditation.

APPIC Member Status
The program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC), and has been a member since 2006. Contact the APPIC Central Office at 17225 El Camino Real, Suite #170, Houston TX 77058; E-mail at appic@appic.org; Phone: 832-284-4080 Fax: 832-284-4079.
Location
WCCHC is located along the backdrop of the Waianae mountain range, just across the road from Maili Beach. WCCHC’s campus features lush gardens, walking trails, and beautiful oceanfront views of the Pacific coastline. For more information about the center and campus, please refer to www.wcchc.com.

Overview of Training Program
The Waianae Coast Comprehensive Health Center serves the federally designated, medically underserved communities on the Waianae coast and surrounding communities in the Leeward and Central regions of Oahu. At the WCCHC campus, integrative medicine is practiced to include primary care, pediatrics, case management, obstetrics, chronic pain management, dentistry, preventive health, a free standing 24-hour Emergency Department (ED), Native Hawaiian Healing, and a fully integrated behavioral health program that includes psychiatry, psychology, primary care, health psychology, behavioral medicine, and substance abuse treatment. Within the Behavioral Health department, there are currently 13 full-time Psychologists and 3 part-time Psychologist, 2 full-time and 1 part-time Psychiatrists, 1 full-time Advanced Practice Registered Nurse, and a Peer Counselor on staff. The Behavioral Health Department also includes an outstanding team of Medical Assistants and Medical Receptionists.

This site provides interns with unique and enriching training experiences. The population served is culturally diverse, predominantly of Native Hawaiian ancestry, and many have traditional cultural ideologies and values. Interns will provide assessment and treatment for a wide range of presenting concerns including acute, chronic, severe, and complex psychological, organic, and/or substance related conditions. Interns will have the opportunity to provide behavioral health services to children, adolescents, and adults, many of whom are homeless or of low
income and have histories of multiple traumatic experiences. Interns will receive comprehensive training and experience in working with a wide range of diagnoses and presenting problems to include PTSD, OCD and other forms of anxiety, depression, bipolar disorder, psychotic disorders, substance abuse and dependence, personality disorders, ADHD, behavioral and academic problems in children, and pervasive developmental disorders. These concerns often co-occur with medical conditions such as chronic pain, diabetes, obesity, hypertension, renal disease, and hepatitis C.

Interns will receive generalist training, and opportunities in various clinics may be available, each providing unique training experiences. The Mawaena Clinic provides outpatient behavioral health services. “Mawaena” means “center” in the Hawaiian language and is representative of bringing people back to their center and finding balance between mind, body, and spirit. Located near the ocean or “kai,” the Mawaena Kai Clinic is the location for several possible rotations. The Adult Medicine and Pharmacy Building provides behavioral health services and crisis intervention and triage for the ED and health psychology services, including weight and chronic disease management. The Women’s Health and Adult Medicine Clinics provide the opportunity for behavioral health integration into primary care. The Pediatric Clinic provides services to children, adolescents, and their families in an integrated primary care setting. The Kapolei Health Care Center, located in the Kapolei Medical Center; Waipahu Behavioral Health Clinic, located in the Filipino Community Center; Nanakuli Clinic, located in the Nanakuli-James and Abigail Campbell Clinic; and School Based Health Center, located within Waianae High and Intermediate schools are WCCHC’s satellite clinics. Malama Recovery Services means “caring for self” with regard to recovery, and provides outpatient substance abuse treatment services to the community. Training experiences in Malama Recovery are currently limited.

Interns will receive weekly didactic seminars on a wide range of topics including, but not limited to, culture, assessment and treatment of various mental health conditions, ethics, and safety assessment. Interns will also participate in a year-long, biweekly seminar in psychopharmacology and the biological etiologies of mental illness in order to gain a deeper understanding of the biopsychosocial model. Interns will have the opportunity to develop supervision skills by providing supervision to a practicum student in professional development and attending a biweekly supervision of supervision seminar. Interns also have the opportunity to work with trainees from different levels of psychology training, including practicum students and postdoctoral fellows, as well as trainees from other disciplines such as internal medicine.
Philosophy and Training Aim

The philosophy of the WCCHC internship program is based on a practitioner-scholar model with a focus on generalist training. There is an emphasis on critical thinking skills and evaluation of empirical literature, and integrating this knowledge into clinical work and continuing scholarly inquiry. A primary aspiration of our program is to train interns to be astute consumers of, and possibly contributors to, psychological research literature. The empirical bases of professional psychology are an integral part of our didactics, rotational experiences, and supervisory discussions. Working from a practitioner-scholar model, the aim of internship is to train highly qualified and ethical future clinical psychologists who are capable of providing a full range of evidence-based psychological services to clinically diverse patient populations, as well as practicing with professional autonomy in a variety of applied settings, including the community health centers in rural and medically underserved areas.

Our program emphasizes a substantial breadth and depth of psychology training and experience, which is believed to be fundamental in developing psychology practitioners. As such, we offer clinical experiences across a continuum of care including experiences with various levels of clinical acuity and with diverse cultural groups and symptom presentations. In addition, interns are also provided with a spectrum of clinical opportunities including psychological testing and integrated report writing, behavioral health integration with primary care and multidisciplinary team consultation, emergency department triage and crisis intervention, and program development and research, as available. Our program emphasizes direct clinical experience, with close and ample supervision and oversight, which is supplemented by didactic instruction. Interns are considered to be an integral part of our behavioral health team and valued participants in multidisciplinary meetings, case discussions, and consultations under the direct supervision of their rotational supervisors. Faculty understand that it is essential to meet each intern at his or her level of professional development and tailor to the program accordingly and to provide opportunities through which existing skills may be refined and new skills assimilated. Faculty strive to provide opportunities for interns to explore their clinical interests and continually further their professional development.
Training Competencies

Our internship training is based on the development of profession-wide competencies, essential to the practice of clinical psychology.

Evaluation and Dissemination Research or Other Scholarly Activities: Competency 1 is to promote competence in intern ability to critically evaluate and disseminate research or other scholarly activities. Interns participate in providing professional presentations to Health Center staff, case conferences, and multidisciplinary grand rounds with internal medicine, nursing, public health, and other students. Interns gather and evaluate empirical literature and integrate evidence-based practice into clinical work. Interns participate in program development, grant writing, and research activities as available. They also participate in a weekly journal club with a postdoctoral fellow in which scholarly literature and research are reviewed and discussed.

Ethical and Legal Standards: Competency # 2 is to be knowledgeable of, recognize, and appropriately respond to ethical and legal issues, as well as conducting one’s self in an ethical manner. Appropriately seeking supervision to address ethical situations is integral to this process. Ethical issues and appropriately addressing ethical dilemmas are emphasized throughout the internship, in supervision and in didactic training.

Individual and Cultural Diversity: Competency #3 is to promote competence in self-awareness, theoretical/empirical knowledge related to diversity, integrative awareness of cultural differences, and application of knowledge to working with culturally diverse individuals. Cultural mindfulness is a high priority in didactic training and supervision, and is integral to patient care. Interns are expected to provide culturally mindful care and consider diversity factors in their case conceptualizations and diagnoses, treatment planning and intervention, and all other aspects of patient care.

Professional Values and Attitudes: Competency #4 is to promote competence in professional behavior, ongoing self-reflexivity and self-improvement, appropriately seeking and responsivity to supervision, increasing autonomy, efficiency in time management, and administrative competency. As developing clinicians, interns are expected to demonstrate professionalism in their values, attitudes, and behaviors. Promoting each intern’s personal and professional development is an integral part of all training experiences.
Communication and Interpersonal Skills: Competency #5 is to facilitate competence in developing and maintaining relationships with others, including colleagues, organizations, supervisors, and patients; as well as in communication and interpersonal skills. This is promoted through active participation in a team setting, meetings, supervision, didactics and other training activities and to appropriately seek supervision for interpersonal concerns.

Assessment: Competency #6 is to promote competence test selection and administration, test interpretation, and communication of findings and implications. Intake assessment, diagnostic skill, and safety assessment are also integral to this competency. Interns develop skills in conducting comprehensive biopsychosocial assessments, including accurate diagnoses, ability to gather pertinent patient history and data, and managing and assessing for safety. Interns also engage in psychological testing and complete a minimum of 6 integrated reports throughout the training year. Interns gain experience in assessment of adults, children, and adolescents with a wide range of presenting concerns and referral questions.

Intervention: Competency #7 is to promote competence in effective rapport building, case conceptualization and development of treatment goals, therapeutic intervention, and application of research literature to clinical decision making. This includes flexibility, ongoing evaluation of intervention effectiveness, and modification of approach as indicated. The primary method of training and service delivery is individual therapy. Supervisors are from diverse theoretical orientations and interns are encouraged to develop their skills within their own theoretical frameworks. In addition, interns become familiar with a variety of intervention strategies, including didactics on how psychotherapy and psychopharmacology are integrated into the overall treatment plan for the benefit of the patient.

Supervision: Competency #8 is to promote the application of supervision knowledge and professional development as a developing supervisor. Throughout the training year, interns will practice and develop supervision skills by providing biweekly supervision to a practicum student, which focuses on enhancing the professional development of the practicum student. Interns will also participate in a biweekly “Supervision of Supervision” seminar, to further enhance their skills and discuss their experiences.
Consultation: Competency #9 is to promote knowledge and respect for the roles and perspectives of other professions and apply knowledge of consultation within the professional setting. Interns develop skills in consulting with medical and mental health professionals and other relevant personnel and organizations. They also participate in multidisciplinary grand rounds with students from internal medicine, nursing, and public health, and contribute to discussion of various clinical cases and topics.
Program Structure

The WCCHC program is a 12-month, 2000-hour pre-doctoral internship in psychology. The training year spans from September 1st to August 31st. The Behavioral Health Department and other clinics where interns work typically have regular duty hours equivalent to 40 hours per week. However, for interns to obtain the maximum training value, an additional 5-10 hours per week may be needed to complete readings and other training opportunities.

All interns receive a $23,000 annual stipend paid in increments every two weeks. They also receive 10 days of personal leave (including sick leave) and up to 5 days of Permissive Time Off for the purpose of attending professional workshops, meetings, and presentations or for other professional activities such as dissertation defense. Interns are also provided with health insurance.

Interns are welcomed with a traditional Hawaiian protocol

Interns are provided with office space, computer and Internet access, as well as email accounts. They are provided with access to phones, supplies, and administrative support. There are ample psychological testing supplies available for interns to complete psychological assessments.

Interns are expected to be on site Monday through Friday. About 75% of the intern’s time is devoted to clinical services (intake assessment, psychological testing, individual therapy, clinical documentation, consultation with other providers, and individual supervision with their rotational supervisors). The remaining 25% is devoted to attending didactic trainings, peer consultation, group supervision, supervision of supervision group, regularly scheduled meetings with a practicum student to facilitate his/her professional development and to practice supervision skills, peer consultation, work on special projects, research and/or program development, and other indirect service activities.

Throughout the week, 4 days are dedicated to clinical experiences and supervision with individual supervisors, while Fridays are dedicated primarily to didactics, group supervision, research, program development, or report writing. Friday schedules generally consist of 1 hour of group supervision with the DOT, 2 hours of didactic training on a variety of topics related to the practice of clinical psychology, intern case conferences, biweekly supervision of supervision seminars, and 1.5 hours of biweekly didactic training in the biological etiologies of mental illness and psychopharmacology. Of the 4 days of clinical work, interns will engage in a minimum of 1 day of training which emphasizes traditional psychotherapy with children and families, 1 day of training which emphasizes traditional psychotherapy with adults, and a minimum of 6 months on the Assessment rotation and 6 months on the Research and Program Development rotation. They will also select up to 1-2 additional rotations.
Rotations

In order to provide opportunities for long-term therapeutic intervention, in-depth clinical supervision on cases, establishment of their caseloads and to solidify rapport with their patients, and experience the reward of seeing their patients from intake through termination, interns are provided primarily with year-long training rotations rather than rotations that last for a few months. All interns will be required to participate on a rotation that emphasizes the provision of traditional psychotherapy services to children and families, as well a rotation that emphasizes the provision of traditional psychotherapy services to adults. These may include the Child and Family, Adult Outpatient, Kapolei Health Care Center and Waipahu Behavioral Health Clinic rotations. They will also engage in a minimum of 6 months of psychological testing and report writing on the Assessment rotation and 6 months of research, grant writing, program development, or group participation and facilitation, depending on the availability of each, on the Research and Program Development rotation. They will also request 1-2 of the following additional rotations described in further detail below. Efforts will be made to accommodate intern requests for their preferred rotations. The additional rotations listed below are currently available.

Required Rotations

**Child and Family:** Interns will participate in a rotation in which they work with supervisors who provide traditional psychotherapy services to children (either the Child and Family, Kapolei Health Care Services, or Waipahu Behavioral Health Clinic).

**Adult:** Interns will participate in a rotation in which they work with supervisors who provide traditional psychotherapy services to adults (either the Adult Outpatient, Kapolei Health Care Services, or Waipahu Behavioral Health Clinic):
**Adult Outpatient Rotation:**

This rotation takes place in the Mawaena Clinic, which provides outpatient behavioral health services to adults with a wide range of presenting problems or concerns.

**Assessment:** Interns have the opportunity to work in an outpatient mental health clinic where they will engage in intake-assessments, diagnosis, triage, treatment planning, and referrals for integrated care.

**Intervention:** Interns will provide both short and long term individual psychotherapy for adults. Opportunities for couples therapy may be available. Interns will have the opportunity to work with a wide range of patient concerns and presenting problems which may include PTSD, Panic Disorder, and other anxiety disorders; depression; adjustment disorders; bipolar disorders; psychotic disorders; personality disorders; and substance abuse and dependence.

**Consultation:** Interns have the opportunity to provide consultation services to medical staff, psychiatrists, nurses, case managers, school officials, and other individuals involved in patient care.

**Staff:** The multidisciplinary staff in the Mawaena Clinic currently consists of psychologists, psychiatrists, a nurse practitioner, a peer counselor, medical assistants, and medical receptionists. Supervising psychologists in this rotation include: Dr. Dawn Tomita, Dr. Chad Taylor, and Dr. Mimi Andjelic.
**Child and Family Rotation**

This rotation takes place in the Mawaena. Interns will work with supervisors who specialize in treating children, adolescents, and their families.

**Assessment:** Interns will have the opportunity to conduct assessment with children and their family members.

**Intervention:** Interns will learn and provide evidence-based treatment for children, adolescents, and their families. Interns will have the opportunity to work with a wide range of presenting concerns which may include trauma, ADHD, behavioral and academic problems, adjustment disorders, and pervasive developmental disorders. Opportunities to provide couples therapy may also be available.

**Consultation:** Interns have the opportunity to provide consultation and will collaborate with school officials, medical providers, community agencies, and other individuals involved in patient care.

**Staff:** Dr. Kasey Arita, and Dr. Sarah Alethea are the supervising psychologists for this rotation. Dr. Kyle Chang may be a supervising psychologist as well.

**Kapolei Health Care Center Rotation:**

Interns have the opportunity to work in the Kapolei Health Care Center, which is a primary care setting providing integrated care for children, adolescents, and adults. Interns will work in a multidisciplinary team comprised of OB/GYN physicians, pediatricians, family practitioners, nurse practitioners, perinatal case managers, nutritionists and medical assistants.

**Assessment:** Interns have the opportunity to provide intake assessments, triage for appropriate levels of care, treatment plans, and referrals for integrated care. Intakes may occur on an immediate basis at the request of medical providers.

**Intervention:** Interns will have the opportunity to provide brief and long-term therapy to adults with challenges such as depression, anxiety, partner relational challenges, domestic violence and trauma, and adjustment to pregnancy and parenthood. Interns will also be responsible for seeing primary care patients referred by their physicians for problems that are negatively impacting their health. Interns provide evidence-based treatment for children, adolescents, and their
families who are referred for presenting concerns that include issues common to child/adolescent psychology (e.g., depression, anxiety, disruptive behavior disorders, learning issues, ADHD, and abuse/neglect).

Consultation: Interns will provide consultation and immediate patient care at the request of OB/GYN physicians, pediatricians, family practitioners, nurse practitioners, nutritionists, or case managers. They may consult and collaborate with other health care providers or school officials if necessary.

Staff: Dr. Kalei Ahokovi and Dr. Dawn Tomita are the supervising psychologists for this rotation.

Kapolei Health Care Center
Waipahu Behavioral Health Clinic is one of WCCHC’s satellite clinics. It is located on the first floor of the Filipino Community Center, next to the Waipahu Family Health Center.

Assessment: Interns have the opportunity to provide intake assessments, diagnosis, triage for appropriate levels of care, treatment plans, and referrals for integrated care. Intakes may occur on an immediate basis at the request of medical providers.

Intervention/Assessment: Interns will provide brief and long term therapy to children, adolescents, adults, couples, and families. Given the location of the clinic, interns have the opportunity to provide services to a different patient demographic than the WCCHC main campus and receive further diversity experience, including working predominantly with patients of Filipino ancestry.

Consultation: There are opportunities to consult and collaborate with primary care, patient services, case management and other health care providers.

Staff: Dr. Wayne McClellan is the supervising psychologist at the Waipahu Behavioral Health Clinic.
**Assessment Rotation:**

Interns will have the opportunity to engage in psychological testing and assessment and will complete a minimum of 6 integrated assessment reports throughout the training year. Three of these reports must be comprehensive test batteries (a clinical interview and four or more standardized tests or instruments) and three may be partial test batteries (a clinical interview and one standardized test or instrument or review of collateral, archival, or observational data). Interns are required to participate in a minimum of 6 months of this rotation. Requests for extension of this rotation to obtain further training and experience in psychological testing and report writing may be considered.

**Staff:** Dr. Lisa Duke is the supervising psychologist for this rotation. Other licensed psychologists may assist in supervision as well.

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**Research and Program Development Rotation:**

Although research is not a primary program emphasis, interns will have the opportunity to engage in research and assist in grant writing and program development. They may have the opportunity to facilitate groups and participate in outcome research. Opportunities for this rotation are based on availability, including possibilities for presentation and publication. Interns will participate in this rotation for a minimum of 6 months. Participation time on this rotation vary and may be approximately 1-half day per week.

**Staff:** Dr. Lisa Duke and Dr. Nicole Wright are the supervising psychologists.

Interns Michelle Fukumoto and Larissa Cordeira presenting their poster at the Biomedical Sciences and Health Disparities Symposium at the University of Hawaii
**Additional Rotations:** Interns may choose a minimum of 1 and up to two additional rotations. Rotations are available for a minimum of one-half day to 1 day throughout the training year. The following rotations are currently available.

**Crisis Intervention and Outpatient Mental Health Rotation:**

In addition to providing assessment and treatment to behavioral health patients, interns will also have the opportunity to train in the Adult Medicine and Pharmacy building and provide consultation, crisis intervention, and triage for Emergency Department physicians and nursing staff as consults occur throughout the year. Opportunities to assist in the Emergency Department will be based on availability of consults. Given the location of this rotation within the primary care setting, interns may also have the opportunity to receive experience in health psychology and participate in the prevention and management of chronic medical conditions such as obesity, diabetes, and chronic pain. There may be an emphasis on weight management and/or biological bases of mental illness, depending on supervisor.

**Assessment:** Interns will have the opportunity to provide assessment with behavioral health patients in the Adult Medicine and Pharmacy Building. They may also have opportunities, as consults occur, to provide assessments, diagnoses, and triage for patients in the Emergency Department. They may have the opportunity to assist with coordination of patient hospitalization if indicated.

Updated February 2018
**Intervention:** Interns will have the opportunity to provide brief and long-term therapy to behavioral health patients in a primary care setting, with emphasis on weight management. They will also have the opportunity to respond to consults from the Emergency Department and to engage in crisis intervention and triage for the appropriate level of care.

**Consultation:** Interns will provide consultation to Emergency Department physicians and nurses. They will collaborate with Emergency Department staff and provide consultation to other medical providers and community agencies as appropriate.

**Staff:** Dr. Wayne McClellan is the supervising psychologists on this rotation.

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**Women’s Health Rotation:**

Interns have the opportunity to work in the Women’s Health Clinic, which is a primary care setting providing integrated care for women. Interns will work in a multidisciplinary team comprised of OB/GYN physicians, nurse practitioners, perinatal case managers, and medical assistants.

**Assessment:** Interns have the opportunity to provide intake assessments, diagnosis, triage for appropriate levels of care, treatment plans, and referrals for integrated care. Intakes may occur on an immediate basis at the request of medical providers.

**Intervention:** Interns will have the opportunity to provide brief and long-term therapy, with an emphasis on treating women with challenges such as depression, anxiety, partner relational challenges, domestic violence and trauma, and adjustment to pregnancy and parenthood. However interns may also see other patients as indicated as well. Interns will also be responsible for seeing primary care patients referred by their physicians for problems that are negatively impacting their health.

**Consultation:** Interns will provide consultation and immediate patient care at the request of OB/GYN physicians, nurse practitioners, or perinatal case managers.

**Staff:** Dr. Lisa Duke and Dr. Kasey Arita are the supervising psychologist for this rotation.
**Nanakuli Clinic Rotation:**

This rotation takes place in the Nanakuli- James & Abigail Campbell Clinic. Interns will work with supervisors who specialize in primary care psychology, within a primary care setting.

**Assessment:** Interns will have the opportunity to administer screeners such as PHQ-9, Depression, Anxiety, and PTSD screeners during patients’ primary care visits. They will also engage in intake and diagnostic assessments for patients referred by the medical staff.

**Intervention:** Interns will learn and provide evidence-based treatment for a primarily adult population; some experience with adolescents on a case-by-case basis. Interns will have the opportunity to work with a wide range of presenting concerns which may include trauma, adjustment disorders, anxiety, depression, as well as health related and primary care concerns such as diabetes, hypertension, and obesity.

**Consultation:** Interns have the opportunity to provide consultation and will actively collaborate with primary care physicians, family nurse practitioners, and on-site case management. Additionally, interns will have the opportunity to work within an interdisciplinary student group comprised of students from Doctor of Osteopathic Medicine and nursing programs. Students in the interdisciplinary student group will have designated time to discuss case vignettes and collaboratively assess patients, under the direct supervision of their respective specialty supervisors (eg. PCP, NP, Psy.D.).

**Staff:** Dr. Mimi Andjelic is the supervising psychologist on this rotation.
Pediatric Clinic Rotation:

This rotation takes place in the Family Medical Building, within the primary care setting. Interns will be introduced to clinical issues related to pediatric psychology and child/adolescent psychology. Interns may also work with the adult population.

Intake and assessment: Interns will have the opportunity to conduct intakes with children, adolescents, their family members, and adults within an integrated primary care setting. Intakes as well as crisis assessment and intervention may occur on an immediate basis at the request of medical providers.

Treatment: Interns provide evidence-based treatment for children, adolescents, and their families who are referred for presenting concerns that include: issues common to child/adolescent psychology (e.g., depression, anxiety, disruptive behavior disorders, learning issues, ADHD, abuse/neglect), as well as issues related to pediatric psychology (e.g., coping with chronic illness, treatment adherence issues, collaboration/consultation with pediatricians and medical staff).

Consultation: Due to the variety of factors that contribute to children’s well-being, interns on the Pediatric rotation will utilize a multidisciplinary and biopsychosocial approach. They may consult/collaborate with other healthcare professionals in the clinic as needed.

Staff: Dr. Jenny Ebetsutani and Dr. Sarah Alethea are supervising psychologist for the Pediatric Clinic.

Intern Michelle Tsuruda, Pediatrician Dr. Anderson, and intern supervisor Dr. Ebetsutani
**Biological Bases of Severe Psychopathology Rotation:** This rotation takes place in the Ewa West Oahu Community Health Center and/or the Mawaena Kai Clinic, which is adjacent to the Mawaena Clinic. The Mawaena Kai Clinic provides services to children, adolescents, and adults and utilizes an integrated biopsychosocial approach.

*Assessment:* Interns will utilize a biopsychosocial framework to conceptualize and diagnose patients. Given the high prevalence and severity of comorbid psychological and organic conditions, as well as substance abuse and dependence, this rotation emphasizes comprehensive assessment which includes consideration of organic and/or pharmacological factors that may affect patient symptoms and behaviors in clinical conceptualization. This rotation also emphasizes consideration and understanding of the biological bases of mental illness and severe psychopathology, such as schizophrenia.

*Intervention:* Interns will work with individuals with a wide range of presenting concerns including substance abuse and dependence and severe and persistent mental illness, such as psychotic disorders, Major Depressive Disorder, and Bipolar Disorder. Interns will receive training in how psychotherapy and psychopharmacology are integrated into the overall treatment plan for the benefit of the patient.

*Consultation:* Interns have the opportunity to provide consultation to address specific referral questions for medical clinics at WCCHC. They will provide consultation to and work in collaboration with prescribing providers.

*Staff:* Dr. Sherry Sutherland-Choy is the supervising psychologist for this rotation. She is dually licensed as a psychologist and APRN-Rx. Given her specialized credentials, she provides psychopharmacology to patients.

![Dr. Sutherland-Choy with Intern Shawna](image-url)
Didactics

Weekly didactic seminars on a variety of topics related to clinical psychology will be provided. A broad range of topics will be covered including, but not limited to: ethics, cultural/diversity issues, substance abuse, PTSD/trauma, assessment and treatment of children, involuntarily hospitalization, psychological testing and report writing, weight management and preventative health, case formulation, and supervision and consultation. Each intern will provide a minimum of 3 clinical case conferences throughout the training year. Interns will also participate in a biweekly 1.5 hour seminar in psychopharmacology, the biological etiologies of mental illness, as well as the integration of physical and mental health. Additional seminars will be provided based on availability.

Interns participating in experiential cultural didactics with Dr. Kyle Chang, in which they learn traditional cultural healing practices and cultural belief systems, and explore and learn about the culture of communities in which patients may reside.
Interdisciplinary Grand Rounds and Other Scholarly Activities

As part of biopsychosocial training and multidisciplinary integration, interns participate in grand rounds with WCCHC students from various specialties from throughout the Health Center, to include internal medicine, nursing, and public health.

2016-2017 interns participating in Grand Rounds with medical, nursing, and public health students

Postdoctoral Fellow and former intern, Dr. Andjelic, and supervisor, Dr. Liu-Tom, presenting at the 2015 APA Convention in Toronto, Canada
Clinic Settings

At WCCHC, psychologists are integrated into different clinics throughout the Health Center. Training opportunities for psychology interns are available at some of these clinics as listed under the section about available rotations. The following is a list of clinics in which psychologists currently work.

Mawaena Clinic (main Behavioral Health clinic) offers outpatient behavioral health services to children, adolescents, and adults; psychological assessment; and provides the opportunity for consultation with psychiatry. This clinic is staffed by providers from both psychiatry and psychology disciplines.

Mawaena Kai Clinic is adjacent to the Mawaena Clinic and is the primary setting for several rotations, including the Biological Bases of Severe Psychopathology Rotation.

Adult Medicine and Pharmacy Building is the location of the WCCHC Emergency Department and often accommodates ED requests for psychological consultations. It offers outpatient behavioral health services for children, adolescents, and adults. Opportunities for health psychology and the participation in prevention and management of chronic medical conditions may also be available.

Women’s Health Clinic is located on the second floor of the Family Medical Building. It provides behavioral health integration into the primary care arena, individual psychotherapy, crisis intervention, psychological assessment, and consultation and collaboration with OB/GYN physicians, nurse practitioners, perinatal case managers, and other medical and behavioral health professionals.

Pediatric Clinic is located on the first floor of the Family Medical Building. It provides services to children, adolescents, and their families and provides opportunities for integration of behavioral health services with primary care.

Kapolei Health Care Center is a satellite clinic. It is located in the Kapolei Medical Center and provides services for children, adolescents, and adults. Services include behavioral health integration into the primary care arena, individual psychotherapy, crisis intervention, and consultation and collaboration with primary care physicians, pediatricians, OB/GYN physicians, nurse practitioners, and perinatal and adult case managers.

Waipahu Behavioral Health Clinic is a satellite clinic. It is located on the first floor of the Filipino Community Center, next to the Waipahu Family Health Center. It provides services to
children, adolescents, adults, couples, and families. Additionally, there are opportunities to consult and collaborate with primary care, patient services, and case management.

**Nanakuli Clinic** is a satellite clinic located about 10 minutes driving distance from the main campus. It provides services to children, adolescents, and adults, as well as opportunities to collaborate and consult with primary care and other health care providers.

**Ewa West Oahu Community Health Care Center** is located in the Child and Family Services complex, approximately 20 minutes from the main campus. It provides services to children, adolescents, and adults and collaboration with community referral sources. Interns may also have the opportunity to engage in program development.

**School Based Health Centers** are located within Waianae High and Intermediate schools, and were created as a community initiative in response to the low graduation and high absence rates. The psychologist there provides therapy and assessment for students, and interns may have the opportunity for limited program development and group therapy exposure under her supervision.

**Malama Recovery Services** provides substance abuse treatment for patients who experience challenges with substance abuse and dependence. The staff is comprised of psychologists and certified substance abuse counselors (CSACs). **Malama Recovery Services is not currently a training site for interns, however, limited training opportunities are available.**

**Supervision**

The Clinical Psychology Internship Faculty is responsible for ensuring the provision of clinical supervision to psychology interns. All supervision of interns will be provided by Clinical Psychology Internship Faculty members who are licensed Clinical Psychologists.

Interns will be provided a variety of supervision experiences throughout the year. Each intern receives a minimum of 4 hours of supervision per week that includes at least 3 hours of individual supervision.

Each intern is assigned at least three and a maximum of five rotation supervisors. Rotation supervisors are responsible for providing a minimum of 3 hours per week of individual supervision for each intern, although supervision often greatly exceeds this requirement. Rotation supervisors will also provide immediate supervision as requested by the intern. Flexibility in supervision is encouraged such that other faculty members may participate when expertise or other factors become relevant. However, responsibility for supervision is with the rotation supervisor.
Supervision is documented by the supervisor’s signature on each note in EMR (electronic medical record) patient database records. A supervisor’s signature signifies review of foregoing notes and treatment plans.

Interns receiving “Supervision of Supervision” with Dr. Taylor

In addition to individual supervision, interns also participate in an hour of weekly group supervision with the Director of Training throughout the training year. They will also participate in a biweekly “Supervision of Supervision” seminar.

Interns are assigned mentor/preceptors for the entire training year. Program faculty and interns reach consensual agreement regarding intern-faculty pairings. The primary duty of mentors is to facilitate and nurture the intern’s professional development in a supportive, non-evaluative environment. This relationship is long-term and can extend beyond the internship if the intern and mentor so desire.

The Director of Training serves as an advisor for all interns and assists the interns in their adjustment to the internship to optimize the training experience. In addition, the Director of Training monitors the progress of each intern within the program.

**Evaluation**

Intern progress will be monitored through ongoing supervisory discussion with individual supervisors and meetings with the Director of Training (DOT), faculty meetings where intern progress is discussed, faculty review of the intern’s work, as well as through formal evaluative measures. Intern baseline, mid-year, and end-of-year Case Formulations evaluate the intern’s ability to integrate case information and psychological testing and to engage in case formulation, diagnosis, and treatment planning, as well as

Interns collaborating with 3rd year medical students to formulate a complex case in practice for their Case Formulations

Updated February 2018
discussion of ethical, safety, and cultural considerations of a case. Interns should demonstrate progress in their abilities throughout the training year. Interns also engage in supervisory discussion of their mid-year and end-of-year formal evaluations which are completed by each rotation supervisor, as well as meet with the DOT to discuss their evaluations.

Internship Admissions, Support, and Initial Placement Data

Internship Program Tables
(Updated 5/14/17)

Internship Program Admissions:
To apply for this internship program, please follow the procedures to submit the APPIC Application for Psychology Internships (AAPI) online. Instructions for completing and submitting the AAPI online may be accessed at www.appic.org. Please submit with your AAPI your graduate transcripts and 3 letters of recommendation from individuals familiar with your clinical work.

There is a strong emphasis on culture and diversity in training at this site, and the population served is predominantly of Native Hawaiian ancestry. This is a challenging site at which to train and it will be rewarding for those with a commitment and interest in working with the Native Hawaiian population, culturally diverse populations, and/or medically underserved populations. As an equal opportunity training program, WCCHC welcomes and strongly encourages applications from all qualified candidates, regardless of gender, age, race, ethnicity, sexual orientation, disability or other minority status.

Interns must pass a background investigation, Office of Inspector General check, drug screening, and employee health clearance to become an intern at WCCHC. Any misrepresentation in the APPIC internship application or WCCHC application, regardless of when discovered, may be cause for dismissal from the internship program. WCCHC conducts drug screening tests randomly as well as with new employees. At this time, U.S. citizenship is required of internship applicants.

Application Screening Criteria:

<table>
<thead>
<tr>
<th>Minimum number of hours at the time of application</th>
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</thead>
<tbody>
<tr>
<td>Total Direct Contact Intervention Hours</td>
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<tr>
<td>Total Direct Contact Assessment Hours</td>
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</tbody>
</table>

Applicants must be in good standing with APA-accredited doctoral programs in clinical or counseling psychology. Applicants must be in at least their 3rd year of graduate training. They must have experience with writing a minimum of 5 integrated assessment reports and have an expressed interest in working with diverse, underserved, or Native Hawaiian populations.
## Financial and Other Benefit Support for Upcoming Training Year

### Stipend

| Annual Stipend/Salary for Full-Time Interns (no half-time positions available) | $23,000 |

### Medical Insurance

| Program provides access to medical insurance for interns | Yes |
| Trainee contribution to cost required | Depends on chosen medical plan |
| Coverage of family member(s) available | Yes (costs apply) |
| Coverage of legally married partner available | Yes (costs apply) |
| Coverage of domestic partner available | Only applicable to civil union |

### Leave

| Hours of annual paid personal time off (PTO and/or Vacation) | 80 hours (plus 40 hours of professional development time) |
| Hours of annual paid sick leave | Included in the above 80 hours |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave | There are guidelines, which are determined at the time of requested leave that would determine the type of leave for which the intern is qualified. |

### Other Benefits:

In addition to the above, interns are provided with 40 hours of professional development time, dental insurance, and disability insurance. Interns are also eligible to participate in FLEX spending for medical and dependent care expenses.

### Initial Post-Internship Positions

#### Training Cohorts: 2014-2015 to 2016-2017 (last 3 cohorts)

| Total number of interns in the last 3 cohorts | 15 |
| Total number of interns who did not seek employment because they returned to their doctoral programs/are completing their doctoral degrees | 0 |

#### Post internship setting

<table>
<thead>
<tr>
<th>Post-internship setting</th>
<th>Post-doctoral Residency Position</th>
<th>Employed Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community mental health center</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td></td>
<td></td>
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<tr>
<td>University counseling center</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Veterans Affairs medical center</td>
<td></td>
<td></td>
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<tr>
<td>Military health center</td>
<td></td>
<td></td>
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<tr>
<td>Academic health center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other medical center or hospital</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic university/department</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Community college or other teaching setting</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Independent research institution | Correctional facility | School district/system | 1
Independent practice setting | Not currently employed | Change to another field | Other
Unknown

Application Process

The internship selection team will review and select applicants for interview who appear to be a good fit with the internship program. Please note that all applications are due by December 1st. After applications have been reviewed, applicants will be notified via email by December 22nd of their interview status. Interviews will be with a panel of program faculty. In-person interviews are preferred; however, phone interviews are available to individuals who are unable to schedule an in-person interview due to distance of travel or other reasons. Upon completion of all interviews, the internship selection team will meet to discuss and agree on the ranking of applicants. This internship site abides by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. In addition, no information regarding applicant rank is provided to applicants either before or after the match results are announced.

Applicants requiring accommodation due to hearing impairment or other disability are asked to request such assistance at the time they receive notification of selection for interview to enable our program to make necessary arrangements for the interview.

Interns at WCCHC Achievement Ceremony
Contact Information

If you have any questions or desire further information about the training program or application procedures, please contact Dr. Kristy Sakai-Costigan, Director of Psychology Training. The preferred method of contact is email.

Email:  ksakai@wcchc.com  
Mail:  
Kristy Sakai-Costigan, Psy.D.  
Director of Training  
Behavioral Health Department  
Waianae Coast Comprehensive Health Center  
86-260 Farrington Highway  
Waianae, HI 96789

Telephone:  808-697-3469  
Mail:  
Kristy Sakai-Costigan, Psy.D.  
Director of Training  
Behavioral Health Department  
Waianae Coast Comprehensive Health Center  
86-260 Farrington Highway  
Waianae, HI 96789

Fax:  808-697-3551  
Mail:  
Kristy Sakai-Costigan, Psy.D.  
Director of Training  
Behavioral Health Department  
Waianae Coast Comprehensive Health Center  
86-260 Farrington Highway  
Waianae, HI 96789

One of the many walking trails at the WCCHC main campus

2016-2017 Interns participating in a cultural didactic

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Behavioral Health Department

(Row 1, left to right) Shirley Ortiz (Medical Receptionist), Anita Decambra (Office Manager), Ed Maynard (Peer Specialist), Sabrina Faafiti (Medical Receptionist), Dr. Kristy Sakai-Costigan (Director of Training), Jaime Burns (Medical Assistant), Navina Villamar (Medical Assistant/BH Clinical Manager), Davietta Brede (Medical Assistant). (Row 2, left to right) Dr. Chad Taylor (Psychologist), Dr. John Myhre (Psychologist), Jayslin Taamu (Medical Receptionist), Ronnie Taamu (Medical Receptionist), Leilani Karapani (Medical Assistant), Dr. Dawn Tomita-Otsuka (Psychologist), Dr. Shayna Fujii (Psychologist), Cathy Cabigon (Medical Receptionist), Lucille Cox (Medical Assistant), Mahana Kahele (Medical Assistant/Team Leader), Dr. Lisa Duke-Myhre (Psychologist), Dr. Sherry Sutherland-Choy (Psychologist and Nurse Practitioner). Missing: Stephanie Bell (Social Worker), Dr. Robert Young (Director of Behavioral Science), Dr. Jenny Ebesutani (Psychologist), Alysa Pieper (Medical Assistant), Dr. Wayne McClellan (Psychologist), Dr. Kyle Chang (Psychologist), Tihane Hose (Medical Assistant), Dr. Kalei Ahokovi (Psychologist), Dr. Nicole Wright (Psychologist), Dr. Mei Watson (Psychologist), Dr. Mimi Andjelic (Psychologist), Dr. Nalani Blaisdell-Brennan (Psychiatrist), Christopher Hernandez (Billing Specialist), Glorifin Belmonte (Psychiatrist), Tynelle Miyose (Medical Assistant), and Nikita Clark (Medical Assistant, Clinical Manager) Sean Kanamu (Medical Receptionist), Takako Sharivy (Medical Receptionist), Charisse Rodrigues (Medical Assistant), Dr. Kasey Arita-Nakamine (Psychologist), Edna Smith (APRN), Dr. Lisa Garcia (Psychologist), Dr. Sarah Alethea (Psychologist).
Behavioral Health Training Faculty

(Row 1, left to right) Dr. Kyle Chang, Dr. Chad Taylor, Dr. Robert Young, Dr. Wayne McClellan, (Row 2) Dr. Kristy Sakai, Dr. Marva Lawson, Dr. Mei Watson, Dr. Tina Liu-Tom, Courtney East APRN, Dr. Lisa Duke-Myhre, Dr. Dawn Tomita-Otsuka, Dr. Shayna Fujii, Dr. Kalei Ahokovi, Dr. Michelle Kang, Dr. Ann Huynh., (Missing) Dr. John Myhre, Dr. Nicole Wright, Dr. Jenny Ebesutani, Dr. Mimi Andjelic, Dr. Sherry Sutherland-Choy, and Dr. Kasey Arita-Nakamine.
WCCHC and Behavioral Health Department Team Building Activities

WCCHC and the Behavioral Health Department often engage in team building activities, to further strengthen our behavioral health team and improve collaboration amongst WCCHC departments. Interns participate in all activities including our WCCHC retreats, annual Behavioral Health Department retreat, and other activities as available.

Behavioral Health Department photo taken at Waianae Coast Comprehensive Health Center 2012 Retreat in which all WCCHC departments collaboratively contribute to WCCHC’s 5-year plan for continued development

(Row 1, left to right): Dr. Kristy Sakai (Director of Training), Dr. Tina Liu-Tom (Psychologist), Dr. Donald Banik (Psychiatrist), Stephanie Bell (Social Worker), Dr. Robert Young (Director of Behavioral Science), Dr. John Myhre (Director of Behavioral Health), Mahana Kahele (Medical Assistant/Team Leader), Ronnie Taamu (Medical Receptionist), (Row 2, left to right): Anita Decambra (Office Manager), Lucille Cox (Medical Assistant), Dr. Jenny Ebesutani (Psychologist), Navina Villamar (Medical Assistant/BH Clinical Manager), Sarah Aipa (Medical Assistant), Dr. Michelle Kang-Mosher (Psychologist), Dr. Shayna Fujii (Psychologist), Cathy Cabigon (Medical Receptionist), Larissa Cordeira (Intern), Alysa Pieper (Medical Assistant), Natasha Shanahan (Intern), Dr. Marva Lawson (Psychiatrist), Shirley Ortiz (Medical Receptionist), (Row 4): Jaime Burns (Medical Assistant), Lauren Ampolos (Intern), Michelle Fukamoto (Intern), Casandra Camacho (Intern), Nicole Stoughton (Postdoctoral Fellow), Mestisa Gass (Postdoctoral Fellow), Dr. Wayne McClellan (Psychologist), Dr. Kyle Chang (Psychologist), Tihane Hose (Medical Assistant), Dr. Kalei Ahokovi (Psychologist), Jayslin Taamu (Medical Receptionist), Leilani Karapani (Medical Assistant). Missing: Dr. Lisa Duke-Myhre (Psychologist), Dr. Kyle Chang (Psychologist), Dr. Dawn Tomita-Otsuka (Psychologist), Dr. Chad Taylor (Psychologist), Dr. Mei Watson (Psychologist), Dr. Nalani Blaisdell-Brennan (Psychiatrist), Ed Maynard (Peer Counselor), Christopher Hernandez (Billing Specialist), Dr. Sherry Sutherland-Choy (Psychologist, APRN-Rx), Glorifin Belmonte (Psychiatrist), Nikita Clark (Medical Assistant, Clinical Manager), and Tynelle Miyose (Medical Assistant) Sean Kanamu (Medical Receptionist), Takako Sharivy (Medical Receptionist), Charisse Rodrigues (Medical Assistant), Dr. Kasey Arita-Nakamine (Psychologist), Edna Smith (APRN), Dr. Lisa Garcia (Psychologist), and Dr. Sarah Alethea (Psychologist).
Behavioral Health Department photo taken at the 2015 Behavioral Health Retreat and Internship Completion Celebration at Waimea Valley Falls Park. Staff and providers wore their team outfits and participated in games and team building activities. Interns were honored for their successful completion of internship.

(Row 1) Dr. Shayna Fujii (Psychologist), Ronnie Taamu (Medical Receptionist), Shirley Ortiz (Medical Receptionist), Dr. Tina Liu-Tom (Psychologist), Dr. Nalani Blaisdell-Brennan (Psychiatrist), Dr. Jenny Ebesutani (Psychologist), Dr. Kyle Chang (Psychologist), (Row 2) Navina Villamar (Medical Assistant, BH Clinical Manager), Dr. Kristy Sakai-Costigan (Psychologist and Director of Training), Jayslin Taamu (Medical Receptionist), Dr. Lisa Duke (Psychologist), Lucille Cox (Medical Assistant), Dr. Kalei Ahokovi (Psychologist), Dr. Sherry Sutherland-Choy (Psychologist/APRN), (Row 3) Alice Boles (Accounting), Candace Uehara (Medical Assistant), Sweets Stevens-Sotelo (Medical Assistant), Nozanin Lelie (Intern), Dr. Sarah Alethea (Psychologist), Shanna Kim (Intern), Dr. Lisa Garcia (Psychologist), Dr. Dawn Tomita (Psychologist), Dr. John Myhre (Psychologist and Director of Behavioral Health), Stephanie Bell (Social Worker), (Row 4) Christopher Hernandez (Billing Specialist), Sabrina Faafiti (Medical Receptionist), Eddie Smith (APRN), Kamanapoono Crabbe (CEO of Office of Hawaiian Affairs and former WCCHC DOT 2008-2009), Tihane Hose (Medical Assistant), Leilani Karapani (Medical Assistant), Dr. Mark Dunn (Psychiatrist), Dr. Michelle Kang-Mosher (Psychologist), Dr. Mimi Andjelic (Psychologist), Anita Decambra (Office Manager), (Row 5) Tynelle Miyose (Medical Assistant), Marcin Bury (Intern), Dr. Wayne McClellan (Psychologist), Dr. Chad Taylor (Psychologist). Missing: Dr. Robert Young (Psychiatrist/Chief of Behavioral Sciences), Dr. Glorifin Belmonte (Psychiatrist), Cathy Cabigon (Medical Receptionist), Ed Maynard (Peer Counselor), Dr. Nicole Wright (Psychologist), Mei Watson (Psychologist), and Mahana Kahele (Medical Assistant/Team Leader), Sean Kanamu (Medical Receptionist), Takako Sharivy (Medical Receptionist), Charisse Rodrigues (Medical Assistant), Dr. Kasey Arita-Nakamine (Psychologist).
Behavioral Health Training Faculty

Kalei Ahokovi, Psy.D. is a Staff Psychologist in the Kapolei Health Care Center, where she works with children, adolescents, and adults. She received her Doctoral degree in Clinical Psychology from Argosy University Hawaii, her Master’s in Counseling Psychology from Chaminade University, and her Bachelor’s from Utah State University with a double major in Psychology and Family & Human Development. Previous work experiences include working in foster care in the group home setting, in-home therapy, and childhood trauma and attachment. Her professional interests include child, adolescent, and family psychology and childhood attachment and trauma. Her theoretical orientation is Client Centered. Her personal interests include going to the beach, spending time outdoors and with family.

Sarah Alethea, Psy.D. is a Staff Psychologist in the Mawaena, Pediatric, and Adult Medicine Clinic where she works with children, adolescents, and adults. She received her Master’s and Doctoral degree in Clinical Psychology from Argosy University Hawaii, and her Bachelor’s degree from the University of Hawaii, where she majored in American Studies with a focus on Women’s and Ethnic Studies. She completed her pre-doctoral internship and postdoctoral fellowship at Waianae Coast Comprehensive Health Center. Her professional interests include trauma, crisis intervention, diverse and marginalized populations, and play therapy. Her theoretical orientation is integrative and she utilizes Client Centered, Dialectical Behavioral, and Cognitive Behavioral interventions.

Mimi Andjelic, Psy.D. is a Staff Psychologist in the Mawaena Clinic and Nanakuli James & Abigail Campbell Clinic where she works with primarily adults and some adolescents. She received her Doctoral degree in Clinical Psychology from Hawaii School of Professional Psychology at Argosy University, her Master’s in Clinical Psychology from New York University, and her Bachelor’s from Hawaii Pacific University with a double major in Psychology and Communications. Her professional interests include health/primary care psychology, childhood attachment and trauma, as well as mindfulness and yoga based interventions. Her theoretical orientation is Psychodynamic. Her personal interests include yoga, Crossfit, and spending time with her family and dogs.

Kasey Arita-Nakamine, Psy.D. is a Staff Psychologist who works with children, adolescents, and adults in the Mawaena, Women’s Health, and Waipahu clinics. She received her Doctoral and Master’s degrees in Clinical Psychology from the Hawaii School of Professional Psychology at Argosy University, and her Bachelor’s degree in Elementary and Special Education from the University of Hawaii. She completed her predoctoral internship at Waianae Coast Comprehensive Health Center and her postdoctoral training through the School-Based Behavioral Health program with the Department of Education. She also has experience in providing psychological assessment in various school settings. Her professional interests include child and adolescent psychology, women’s issues, depression, trauma, and art therapy. Her theoretical orientation is Humanistic. Her personal interests include reading, watching movies, and spending time with friends and family.

Kyle Chang, Psy.D. is a Staff Psychologist for Behavioral Health Services in the Mawaena Clinic where he works with adults, adolescents and children. He is also Director of the Ha Ola
Village, a Hawaiian cultural village that offers traditional Hawaiian cultural practices that inspire and promote wellness for WCCHC, the community, and guests from all around the world. His theoretical orientation is integrative and cognitive behavioral. He has a primary interest in working with diverse and marginalized populations. He received his doctoral degree in Clinical Psychology from Argosy University, Hawaii, Master’s degree in Social Work from the University of Hawaii and his Bachelor’s degree in Psychology from the University of San Francisco. He completed both his predoctoral internship and postdoctoral fellowship at the Waianae Coast Comprehensive Health Center.

**Lisa D. Duke, Ph.D.** is a Staff Psychologist who works with children, adolescents, and adults in the Women’s Health Clinic. She completed her Master’s degree from the California State University, Long Beach and her Doctoral degree from the University of Nevada, Las Vegas. She completed both her internship and post-doctoral fellowship at the Waianae Coast Comprehensive Health Center. She has numerous publications and presentations in the field of schizophrenia, trauma, maternal stress and coping research. Current grant opportunities are primarily focused on continued development of past research with maternal stress and coping and how it relates to infant health outcomes. She is passionate about psychological testing and supervises all of the interns on the Assessment Rotation. Her clinical interests include depression, severe mental illness, trauma, ADHD, pervasive developmental disorders, post-partum depression, family therapy, relationship issues, and grief and bereavement. Her theoretical orientation is predominantly cognitive behavioral. Aside from work, she enjoys going to the beach, hiking and spending time with family.

**Jenny Ehesutani, Psy.D.** is a Staff Psychologist in the Pediatric Health Clinic, where she provides integrated child/adolescent and pediatric psychology services. She works with children, adolescents, adults and families. She received her Doctoral and Master’s degrees in Clinical Psychology from the American School of Professional Psychology at Argosy University, Hawaii. She earned a Bachelor's degree in Human Development with a Minor in Women's Studies at Boston College. She completed her predoctoral internship at the Counseling and Student Development Center, University of Hawaii at Manoa. She completed her postdoctoral fellowship in Child/Pediatric Psychology at Tripler Army Medical Center. Her clinical interests include child/adolescent and pediatric psychology, cultural diversity, rural psychology, and grief and bereavement. Her theoretical orientation is Humanistic, with an integration of other theoretical approaches as appropriate.

**Lisa Garcia, Psy.D.** is a Staff Psychologist who works with adolescents and families at the School Based Health Clinic at Waianae Intermediate and Waianae High schools. She received her doctoral degree in Clinical Psychology from the Hawaii School of Professional Psychology at Argosy University, her Master’s in Clinical Psychology at Argosy University, and her Bachelor’s in Psychology at Hawaii Pacific University. She has experience providing behavioral modification, assessment, research, and group and individual therapy within the Department of Education, University of Hawaii, and Waianae Coast Comprehensive Health Center settings and has worked with individuals with various mental health concerns from ages 3-82. Her professional interests include child and adolescent psychology, recovery from trauma and substance use, workplace development, cultural humility, research, and chronic disease management. Her theoretical orientation is rooted in Cognitive Behavioral Therapy, and she
integrates Person Centered Therapy, mindfulness based therapies, and Theraplay when indicated. She has training and also utilizes other integrative therapies such as dialectical behavioral and acceptance and commitment based therapies. Her personal interests include spending time with family, karaoke, and beach therapy.

Wayne McClellan, Psy.D. is a Staff Psychologist who works with adults in the Waipahu and Adult Medicine Clinics. His professional interests include PTSD and other anxiety disorders, depression, health psychology, weight management and chronic disease management, and issues regarding stages of life. His theoretical orientation is Integrative, to include Cognitive Behavioral and Humanistic approaches. He completed his Predoctoral Internship at Alakai Na Keiki with children and adolescents ages 5-18. He completed his Postdoctoral Fellowship at Waianae Coast Comprehensive Health Center and received his Doctoral degree from Argosy University, Hawaii. He also received his Master’s degree in Communications and Marketing. In his spare time he enjoys watersports, ballroom dancing, and spending time with family.

John Myhre, Psy.D. is the Director of Psychology – Leeward Coast and a Staff Psychologist in the Adult Medicine Clinic. He received his Master’s and Doctoral degrees in Clinical Psychology from Georgia School of Professional Psychology. He received his Bachelor’s degree in Communication from the University of Hawaii, Manoa. He completed his predoctoral internship at Phoenix Indian Medical Center/Arizona State Hospital and his postdoctoral fellowship at Tripler Army Medical Center. He is a Native Hawaiian Health Scholar and a Hawaii Foundation Scholar.

Kristy Sakai-Costigan, Psy.D. is the Director of Psychology – West Oahu, Director of Psychology Training, and a Staff Psychologist. She received her Master’s and Doctoral degrees in Clinical Psychology from Argosy University, Hawaii and her Bachelor’s degree in Psychology and English from the University of Hawaii, Manoa. She completed her predoctoral internship at Tripler Army Medical Center, with an emphasis on health psychology and community psychology, and her postdoctoral fellowship at Waianae Coast Comprehensive Health Center. Her professional interests include PTSD, Panic Disorder, and other anxiety disorders; grief and bereavement; cultural diversity; and student training and development. She works with adults in the Mawaena Clinic. Her theoretical orientation is cognitive behavioral and she integrates DBT, ACT, and other theoretical orientations and approaches based on her patients’ unique needs. She received training in Prolonged Exposure Therapy for PTSD. Personally, she enjoys hiking, writing, traveling, and spending time with family and friends.

Sherry Sutherland-Choy, Psy.D., APRN-Rx is a Psychologist and Board Certified Family Nurse Practitioner in Behavioral Health Services in the Mawaena Kai Clinic and Ewa West Oahu Community Health Center. With her dual certifications, she provides integrated psychological services and medication management for her patients and psychopharmacology training to predoctoral interns. She has a special interest in maternal child mental health and attachment theory. Dr. Sutherland-Choy worked at San Francisco General Hospital’s Women’s Focus Unit, specializing in the treatment of sexual trauma and pregnancy/postpartum mood disturbances. She has extensive clinical experience in psychiatric nursing at Scripps Memorial Hospital, La Jolla, Palomar Medical Center in California, and Kahi Mohala in Ewa Beach. She has also worked in maternity nursing at Kaiser Permanente in Hawaii. She is currently involved in
psychopharmacological research at Valden Medical Clinic. Dr. Sutherland-Choy received her Doctoral and Master's degrees in Clinical Psychology from the American School of Professional Psychology at Argosy University in Hawaii and a Master's degree in Nursing from Hawaii Pacific University. In her time off, she enjoys traveling with her family.

Chad Taylor, Psy.D. is a Staff Psychologist in the Mawaena Clinic. He received his Master’s and Doctoral degrees in Clinical Psychology from Argosy University, Hawaii and his Bachelor’s degrees in Biology and Psychology from West Virginia University. He completed both his predoctoral internship and postdoctoral fellowship at Waianae Coast Comprehensive Health Center. His professional interests include Eating Disorders, substance abuse and dependence, and severe and persistent mental illness. He works with his patients from a cognitive-behavioral and solution-focused perspective. On a personal level, he enjoys music and performs throughout Oahu with his band and plays golf as often as possible.

Dawn Tomita, Psy.D. is a Staff Psychologist who received her Master’s and Doctoral degrees in Clinical Psychology from Argosy University, Hawaii and her Bachelor’s degree in Psychology from the University of Hawaii at Manoa. She completed her predoctoral internship at Tripler Army Medical Center, with an emphasis on health psychology and community psychology, and her postdoctoral fellowship at Waianae Coast Comprehensive Health Center. Her professional interests include PTSD, sexual abuse, and other anxiety related problems; grief and bereavement; relationship difficulties; and issues related to life transition and self-esteem. She works with adult individuals in the Mawaena Clinic, Kapolei Health Care Center, and Mawaena Kai Clinic. Her theoretical orientation in integrative, utilizing psychodynamic, cognitive-behavioral, and emotion-focused interventions depending on the presenting issues and unique needs of the client. She received training in level 1 and level 2 Emotion-Focused Therapy with Dr. Les Greenberg and has also received training in prolonged exposure therapy for PTSD. Outside of psychology, she enjoys reading, traveling, hiking, playing in the ocean, and spending quality time with family and friends.

Mei Watson, Psy.D. is a Staff Psychologist in the Mawaena Clinic, where she works with adults. She received her Doctoral and Master’s degrees in Clinical Psychology from Argosy University Hawaii and her Bachelor’s degree in Psychology from the University of Hawaii. She completed both her predoctoral internship and postdoctoral fellowship at Waianae Coast Comprehensive Health Center.

Niki Wright, Psy.D., CSAC is a Staff Psychologist and the Director of Waianae Coast Comprehensive Health Center’s intensive outpatient substance abuse treatment facility. She received her B.A. in Psychology from the University of Hawaii at Manoa before moving on to Argosy University, Hawaii for her M.A. and Doctorate in Clinical Psychology. Her primary professional interests include working with diverse and marginalized populations. Additional interests include trauma, systems, and addiction issues. She has integrated the knowledge and skills from various theories, primarily Interpersonal-Psychodynamic, Cognitive-Behavioral, and Systemic assumptions into her approach to case conceptualization, treatment planning, and intervention. Dr. Wright is currently a professional member of the American Psychological Association, American Academy of Bereavement, National Association for Alcoholism and
Drug Abuse Counselors, Hawaii Association for Alcoholism and Drug Abuse Counselors, and Association of Clinicians for the Underserved.

Other Behavioral Health Providers

Glorifin L. Belmonte, M.D. is a child/adolescent/adult Psychiatrist who is currently employed as an adult Psychiatrist with WCCHC and the Adult Mental Health Division, Department of Health. She obtained her BS in Pre Med at the University of the Philippines and M.D. at the Nicanor Reyes Institute of Medicine in Manila. She completed her residency in Adult Psychiatry at Crownsville Medical Center in Crownsville Maryland, and Child Psychiatry fellowship at the University of Hawaii Department of Psychiatry. She obtained her medical licensure in Washington DC and Hawaii. She was a child psychiatry consultant with the Central Oahu Family Guidance Center and worked part-time at Kaiser Permanente Waipio Clinic. She loves to travel, and her latest adventure was a river cruise in Russia where she had an opportunity to mingle, eat, and spend time with the local people.

H.K. Blaisdell-Brennan, M.D. is a Staff Psychiatrist with a special interest in Native Hawaiian Health. Dr. Blaisdell-Brennan graduated cum laude from Harvard College in Cambridge, Massachusetts, and subsequently traveled to Aotearoa (New Zealand), on a Rotary International Graduate Fellowship. Next, Dr. Blaisdell-Brennan served ten years as a full time television journalist, before entering the John A. Burns School of Medicine as a Native Hawaiian Health Scholar in 1995. Dr. Blaisdell-Brennan was a Chief Resident at the University of California, Los Angeles, assigned to the West Los Angeles Veterans Administration Hospital in Brentwood, CA. Dr. Blaisdell-Brennan's research includes health care access for Women on O'ahu. She is the daughter of Dr. Richard Kekuni Blaisdell, who helped found the John A. Burns School of Medicine, E Ola Mau and Papa Ola Lokahi.

Edna J. Smith, APRN RX, PMHNP-BC, FNP-BC, DNP is an Advanced Practice Registered Nurse who is Board Certified in both Psychiatry and Family Practice. She has been with WCCHC since 2013. Prior to coming to WCCHC Behavioral Health full-time in 2015, she worked as an APRN in Family Practice for 14 years. Before becoming an APRN, she worked as a Registered Nurse in Medicine Oncology, Cardiology, and both Adult and Adolescent Psychiatry. Edna also has over 23 years of experience in the U.S. Army between Active Duty and the U.S. Army Reserve. She currently serves in the U.S. Army Reserve as a Lieutenant Colonel. Her military experience has allowed her the opportunity to travel and work in many countries in both U.S. military healthcare facilities abroad and those of other nations. She graduated with a Bachelor of Arts degree from Samford University in Birmingham, Alabama. Her Bachelor of Nursing Degree was earned from the University of Alabama at Birmingham. She completed her Master of Science in Nursing Degree-Family Nurse Practitioner from the University of Phoenix at the Honolulu Campus. She graduated from Brandman University in Irvine, California with her Doctorate of Nursing Practice in Family Psychiatric Mental Health-Nurse Practitioner. She is particularly interested in the promotion and practice of holistic and integrated patient care in Behavioral Health. Her role at Mawaena Behavioral Health Clinic is pharmacological consultation and management of patient symptomology to improve quality of life. Edna enjoys working with students from all health care disciplines. During her free time she enjoys outdoor activities and travel with family and friends.
Robert Young, M.D. is a Psychiatrist and the Director of Psychiatry. He received his M.D. from the University of Hawaii, John A. Burns School of Medicine and his B.A. in Chemistry from the University of Hawaii, Hilo. He completed both his residency and fellowship at the University of Hawaii, Department of Psychiatry. Prior to coming to WCCHC, he was an Assistant Professor with the University of Hawaii, Department of Psychiatry. He treats children, adolescents, and adults in the Mawaena Clinic.